

FOR IMMEDIATE RELEASE

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Truman Medical Centers WIC Services Renewed For 2014

Kansas City, MO – [Truman Medical Centers](#) (TMC) has signed a contract to continue to provide Women, Infants and Children (WIC) services for federal fiscal year 2014 signed with the Missouri Department of Health and Senior Services. Under the terms of the contract, TMC WIC expects to serve 13,996 participants monthly.

WIC, is a federally funded Supplemental Nutrition Program that helps pregnant women, new mothers and young children learn about nutrition, eating well and staying healthy. TMC WIC provides eligible families with:

- Quality nutrition education and services
- Breastfeeding promotion and support
- A monthly food prescription (package)
- Access to healthcare services

WIC supplemental food packages are specifically chosen to provide foods high in protein, iron, calcium and vitamins A and C. Participants are issued food instruments to buy these foods at authorized local retail stores. By improving the diets of low-income women, infants and children, the WIC program improves the health status of a vulnerable population during a critical growth period.

Persons interested in applying or in need of more information should contact them at **816-404-4WIC**. Standards for participation in the WIC program are the same for everyone regardless of race, color, national origin, sex, age or handicap.

About TMC

Truman Medical Centers is a not-for-profit, two acute-care hospital health system in Kansas City. The TMC Health System includes TMC Hospital Hill, TMC Lakewood, TMC Behavioral Health, the Jackson County Health Department and a number of

primary care practices throughout Eastern Jackson County. TMC is the primary teaching hospital for the University of Missouri-Kansas City Schools of Medicine, Nursing, Dentistry and Pharmacy and specializes in Chronic Disease Management, high risk pregnancies, orthopaedics, trauma services, and women's health. For more information, please call (816) 404-3785 or visit at www.trumed.org or on [Facebook](#).

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