

Chronic Disease Self-Management Workshop is open to all adults and is *free of charge!*



This workshop would benefit you if ...

- you have been diagnosed with a chronic disease
- are living with someone who has a chronic disease
- are taking care of someone who has a chronic disease

Chronic diseases include conditions such as high blood pressure, diabetes, or asthma

For more information or to enroll in one of the upcoming sessions please contact Raquel Garcia at 816-404-3560 or Raquel.garcia@tmcmcd.org. Or Kael Martin at 816-404-2507 or Kael.martin@tmcmcd.org.

Workshops are given throughout the year and various community sites as well as in house at TMC's Hospital Hill for a 6 week period. Each week, participants meet for 2 hours with a trained CDSMP/DSMP. Class times and days vary depending on location. The full 2017 Calendar will be posted on February 1st of 2017.

Feb. 22nd - March 29th / DEEP*
Wednesdays: 11-1 pm
TMCHH Ground Floor Conference Room (near cafeteria)
2301 Holmes, KCMO 64108
Raquel Garcia, RN (816)404-3560 or Raquel.garcia@tmcmcd.org

April 4th - May 9th / DEEP
Tuesdays: 11:30-1:30 pm
Wellness Center
2940 Holmes, KCMO 64109
Cassandra Wainright (816)531-4683 ext.21

June 9th - July 14th / DEEP
Fridays: 11-1 pm
Seton Center
2816 E. 23rd., KCMO 64127
Opal (816)581-4701

July 27th - August 31st / DEEP
Thursdays: 11-1 pm
Bluford Library
3050 Prospect, KCMO 64108
Deitra Johnson (816)701-3482 or Raquel Garcia (816)404-3560 or Raquel.garcia@tmcmcd.org

April 20th - May 25th / CDSMP*
Thursdays: 5:30-7:45 pm
Northeast Library
6000 Wilson Road, KCMO 64123
Claudia Visnich (816)701-3589

May 15th - June 26th / CDSMP
Mondays: 9-11:30 am (excluding Memorial Day, May 29th)
TMCHH Conference Rooms 3 & 4 (near cafeteria)
2301 Holmes, KCMO 64108
Rose Farnan (816)404-1076 *HIV/AIDS Patients only

June 23rd - July 28th / CDSMP
Fridays: 12:30-2:30 pm
TMCHH
2301 Holmes, KCMO 64108
Raquel Garcia, RN (816)404-3560 or Raquel.garcia@tmcmcd.org

Nov. 14th - Dec. 19th / CDSMP
Tuesdays: 11:30-1:30 pm
Ivanhoe Community Center
3700 Woodland, KCMO 64109
Neil Rudisill (816)921-6611 ext.203

Sept. 7th - Oct. 12th / CDSMP
Thursdays: 11-1 pm
Bluford Library
3050 Prospect, KCMO 64108
Deitra Johnson (816)701-3482 or Raquel Garcia (816)404-3560 or Raquel.garcia@tmcmcd.org

Aug. 3rd - Sept. 7th / DSMP
Thursdays: 5:30-7:45 pm
Northeast Library
6000 Wilson Road, KCMO 64123
Claudia Visnich (816)701-3589

June 1st - July 6th / DSMP
Thursdays: 11-1 pm
Bluford Library
3050 Prospect, KCMO 64108
Deitra Johnson (816)701-3482 or Raquel Garcia (816)404-3560 or Raquel.garcia@tmcmcd.org

JANUARY						
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2017 FEBRUARY						
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*CDSMP: Chronic Disease Self-Management Program
*DEEP: Diabetes Empowerment Education Program

*DSMP: Diabetes Self-Management Program



Community Health Education-**Green**
 Mobile Market-**Blue**
 Education Services- **Purple**
 Volunteer Management-**Fuchsia**

Community Relations 2017 Event Calendar

January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
New Year's Day		Event: Mobile Market Winter Route Time: 10:00-12:00pm Location: Fairmount Community Center- 217 Cedar, Independence, MO	Event: Mobile Market Winter Route Time: 2:00-4:00pm Location: Posada Del Sol-1735 Summit St. KCMO	Event: Mobile Market Winter Route Time: 9:30-11:30am Location: Westport House-420 Mill Street, KCMO		
8	9	10	11	12	13	14
	←	ANNUAL	PLANNING	WEEK	→	
		Event: Mobile Market Winter Route Time: 10:00-12:00pm Location: Chouteau Courts -1202 Independence ave., KCMO	Event: Mobile Market Winter Route Time: 1:30-3:30pm Location: Fairmount Plaza-615 S. Hutting Ave., Independence, MO	Event: Mobile Market Winter Route Time: 1:00-3:00pm Location: Lawndale Heights Housing - 1400 Topping Ave., KCMO		
15	16	17	18	19	20	21
	M L King Day	Event: Mobile Market Winter Route Time: 10:00-12:00pm Location: Fairmount Community Center- 217 Cedar, Independence, MO	Event: Mobile Market Winter Route Time: 2:00-4:00pm Location: Posada Del Sol-1735 Summit St. KCMO	Event: Mobile Market Winter Route Time: 9:30-11:30am Location: Westport House-420 Mill Street, KCMO		
22	23	24	25	26	27	28

		Event: Mobile Market Winter Route Time: 10:00-12:00pm Location: Riverview Apartments-299 Paseo Blvd KCMO	Event : Mobile Market Winter Route Time: 1:30-3:30pm Location: Fairmount Plaza-615 S. Hutting Ave., Independence, MO	Event: Mobile Market Winter Route Time: 1:00-3:00pm Location: Lawndale Heights Housing - 1400 Topping Ave., KCMO	Event: Mobile Market Winter Route Time: 11:00-1:00pm Location: Palestine Senior Housing- 3325 Prospect Ave., KCMO	
29	30	31				

February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			Event: Mobile Market Winter Route Time: 2:00-4:00pm Location: Posada Del Sol-1735 Summit St. KCMO	Event: Mobile Market Winter Route Time: 9:30-11:30am Location: Westport House-420 Mill Street, KCMO		
5	6	7	8	9	10	11
		Event: Mobile Market Winter Route Time: 10:00-12:00pm Location: Fairmount Community Center- 217 Cedar, Independence, MO		Event: Mobile Market Winter Route Time: 1:00-3:00pm Location: Lawndale Heights Housing - 1400 Topping Ave., KCMO		
12	13	14	15	16	17	18
		Valentine's Day	Event: Don Bosco's Immunization Day-Wellness Connection Time: 8:30-12:00pm Location: Don Bosco – Staff: Kansas City Health Department & CHE RN(Raquel Garcia) & Team	Event: Mobile Market Winter Route Time: 9:30-11:30am Location: Westport House-420 Mill Street, KCMO		

		Event: Mobile Market Winter Route Time: 10:00-12:00pm Location: Chouteau Courts -1202 Independence ave., KCMO	Event: Mobile Market Winter Route Time: 2:00-4:00pm Location: Posada Del Sol-1735 Summit St. KCMO			
19	20	21	22	23	24	25
	Presidents' Day	Event: Mobile Market Winter Route Time: 10:00-12:00pm Location: Fairmount Community Center- 217 Cedar, Independence, MO	Class: DEEP#1 Time: 10:30-1:30pm Location: TMCHH Staff: CHE RN(Raquel Garcia) Partner: Primaris	Event: PrepKC Casting workshop- Allen Village School Time: 9:00-10:30am Location: TMC HH Staff: CHE RN & Education Services	Event: Mobile Market Winter Route Time: 11:00-1:00pm Location: Palestine Senior Housing- 3325 Prospect Ave., KCMO	
				Event: Mobile Market Winter Route Time: 1:00-3:00pm Location: Lawndale Heights Housing - 1400 Topping Ave., KCMO		
26	27	28				
		Event: Mobile Market Winter Route Time: 10:00-12:00pm Location: Riverview Apartments-299 Paseo Blvd KCMO				

March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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			Class: DEEP#2 Time: 10:30-1:30pm Location: TMCHH Staff: CHE RN(Raquel Garcia) Partner: Primaris	Event: Free Flu Vaccines-Wellness Connection Time: 5:30-7:30pm Location: Don Bosco Staff: Kansas City Health Department & CHE RN(Raquel Garcia) & Team		
5	6	7	8	9	10	11
			Class: DEEP#3 Time: 10:30-1:30pm Location: TMCHH Staff: CHE RN(Raquel Garcia) Partner: Primaris		Event: Women of Color Leadership Conference Time: 8:00am-3:00pm Location: UMKC Student Union Staff: CHE RN(Raquel Garcia) Topic: Sex Education	
12	13	14	15	16	17	18
			Class: DEEP#4 Time: 10:30-1:30pm Location: TMCHH Staff: CHE RN(Raquel Garcia) Partner: Primaris	Event: KC Health Tracks Time: 4:00-7:30pm Location: TMC Lakewood Staff: CHE RN(Raquel Garcia), Education Services & Team		
19	20	21	22	23	24	25
			Class: DEEP#5 Time: 10:30-1:30pm Location: TMCHH Staff: CHE RN(Raquel Garcia) Partner: Primaris			
26	27	28	29	30	31	

			Class: DEEP#6 Time: 10:30-1:30pm Location: TMCHH Staff: CHE RN(Raquel Garcia) Partner: Primaris			
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April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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		Class: DEEP#1 Time: 11:00-1:00pm Location: Wellness Center Staff: CHE RN(Raquel Garcia) Partner: Primaris				
9	10	11	12	13	14	15
		Class: DEEP#2 Time: 11:00-1:00pm Location: Wellness Center Staff: CHE RN(Raquel Garcia) Partner: Primaris			Good Friday	
16	17	18	19	20	21	22
Easter		Class: DEEP#3 Time: 11:00-1:00pm Location: Wellness Center Staff: CHE RN(Raquel Garcia) Partner: Primaris		Class: CDSMP#1 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)		

23	24	25	26	27	28	29
		<p>Class: DEEP#4 Time: 11:00-1:00pm Location: Wellness Center Staff: CHE RN(Raquel Garcia) Partner: Primaris</p>		<p>Class: CDSMP#2 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)</p>		<p>Event: Seton Center Health Fair Time: 9:30-12:30 pm Staff: CHE RN & team Screenings: Blood Sugar & Cholesterol</p>
					<p>Organization: Heaven Sent Outreach Ministries Staff: HHMM donation of produce</p>	

May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
		<p>Class: DEEP#5 Time: 11:00-1:00pm Location: Wellness Center Staff: CHE RN(Raquel Garcia) Partner: Primaris</p>		<p>Class: CDSMP#3 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)</p>	<p>Event Name: 1st Friday Market –Cinco de Mayo Time: Mobile Market @ TMC Lakewood- 9:00-1:00pm Time: Liberty Fruit co. @ TMCHH- 8:00-2:00pm</p>	<p>Event: The Location Investment Commission- Internal Day of Child Time: 11:00-4:00pm Location: 2201 S. Maywood St., Independence, MO 64052 Staff/Service: Mobile Market Bus & Team</p>
7	8	9	10	11	12	13

		<p>Class: DEEP#6 Time: 11:00-1:00pm Location: Wellness Center Staff: CHE RN(Raquel Garcia) Partner: Primaris</p>		<p>Class: CDSMP#4 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)</p>		<p>Event: Fun & Fitness Fair Time: 12:00-3:00pm Location: East Patrol Campus,2640 Prospect Partner: Urban Neighborhood Initiative Staff/Service: Mobile Market Bus & Team</p>
14	15	16	17	18	19	20
Mother's Day	<p>Class: CDSMP#1 Time: 9:00-11:30am Location: TMCHH Services: HIV/AIDS patients only Staff: CHE RN(Raquel Garcia)</p>			<p>Class: CDSMP#5 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)</p>		<p>Event: Children Health Fair Partner: Black Healthcare Coalition Service: Healthy Harvest will provide produce</p>
	<p>Event: UMKC Hospital Team Experience Time: 8:00-4:30pm Location:TMC HH Partner: UMKC</p>	<p>Event: UMKC Hospital Team Experience Time: 8:00-4:30pm Location:TMC HH Partner: UMKC</p>	<p>Event: UMKC Hospital Team Experience Time: 8:00-4:30pm Location:TMC HH Partner: UMKC</p>	<p>Event: UMKC Hospital Team Experience Time: 8:00-4:30pm Location:TMC HH Partner: UMKC</p>	<p>Event: UMKC Hospital Team Experience Time: 8:00-4:30pm Location:TMC HH Partner: UMKC</p>	
21	22	23	24	25	26	27

	Class: CDSMP#2 Time: 9:00-11:30am Location: TMCHH Services: HIV/AIDS patients only Staff: CHE RN(Raquel Garcia)			Class: CDSMP#6 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)		
	Event: Community Volunteer Recruitment Week Location: TMC HH & LW	Event: Community Volunteer Recruitment Week Location: TMC HH & LW	Event: Community Volunteer Recruitment Week Location: TMC HH & LW	Event: Community Volunteer Recruitment Week Location: TMC HH & LW	Event: Community Volunteer Recruitment Week Location: TMC HH & LW	Event: Community Volunteer Recruitment Week Location: TMC HH & LW
28	29	30	31			
Event: Community Volunteer Recruitment Week Location: TMC HH & LW	Memorial Day					

June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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				Class: DSMP#1 Time: 11:00-1:00pm Location: Bluford Library Staff/Services: CHE RN(Raquel Garcia)	Event: Hospital Hill Run Location: Crown Center Time: 6:00pm-9:00pm	Event: Hospital Hill Run Location: Brookside Time: 6:00am-10:00am

						Event: 1st Friday Market Location & time: Mobile Market @ TMC Lakewood 9:00-1:00pm Location & time: Liberty Fruit co. @ TMCHH-8:00-2:00pm	
						Event: Gay Pride Time: 6:00pm-11:45 Location: Riverfront Park Staff/Services: CHE RN (Raquel Garcia) & UMKC Nursing Students-Wellness Van/Glucose/Cholesterol screenings Partner: Good Samaritan Project	Event: Gay Pride Time: 12:00pm-12:00am Location: Riverfront Park Staff/Services: CHE RN (Raquel Garcia) & UMKC Nursing Students-Wellness Van/Glucose/Cholesterol screenings Partner: Good Samaritan Project
4	5	6	7	8	9	10	

<p>Event: Gay Pride Time: 12:00-7:00pm Location: Riverfront Park Staff/Services: CHE RN (Raquel Garcia) & UMKC Nursing Students-Wellness Van/Glucose/Cholesterol screenings Partner: Good Samaritan Project</p>	<p>Class: CDSMP#3 Time: 9:00-11:30am Location: TMCHH Services: HIV/AIDS patients only Staff: CHE RN(Raquel Garcia)</p>	<p>Event: Health Career Time: 9:00-12:00pm Location: TMCHH Staff/Services: CHE RN (Raquel Garcia) , Education Services & Wellness Department Partner: KC Health Tracks</p>		<p>Class: DSMP#2 Time: 11:00-1:00pm Location: Bluford Library Staff/Services: CHE RN(Raquel Garcia)</p>	<p>Class: DEEP#1 Time: 11:00-1:00pm Location: Seton Center Partner: Primaris</p>	
		<p>Event: Bluford's Wellness Connection Staff/Services: CHE will provide Screenings, Glucose/Cholesterol/Weight/BMI</p>				
11	12	13	14	15	16	17
	<p>Class: CDSMP#4 Time: 9:00-11:30am Location: TMCHH Services: HIV/AIDS patients only Staff: CHE RN(Raquel Garcia)</p>			<p>Class: DSMP#3 Time: 11:00-1:00pm Location: Bluford Library Staff/Services: CHE RN(Raquel Garcia)</p>	<p>Event: Women of Color Leadership Conference -Women's Day Time: 8:00-6:00pm Location: UMKC Student Union Staff/Services: CHE RN-panel moderator</p>	<p>Event: JuneteenthKC Time: 11:00-6:00pm Location: 18th & Vine Historic District Staff/Services: Wellness Van & Mobile Market-Display</p>

	Event: Summer Youth Orientation Location: TMC HH & LW Time: TBD				Class: DEEP#2 Time: 11:00-1:00pm Location: Seton Center Partner: Primaris	Event: Baby Shower Time: 10:00-12:00pm Location: Don Chisolm Staff/Services: CHE RN –Panel Discussion Partner: Black Health Care Coalition
			Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW
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Father's Day	Class: CDSMP#5 Time: 9:00-11:30am Location: TMCHH Services: HIV/AIDS patients only Staff: CHE RN (Raquel Garcia)			Class: DSMP#4 Time: 11:00-1:00pm Location: Bluford Library Staff/Services: CHE RN (Raquel Garcia)	Class: DEEP#3 Time: 11:00-1:00pm Location: Seton Center Partner: Primaris	
Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Class: CDSMP#1 Time: 12:30-2:30pm Location: TMCHH Staff/Services: CHE RN (Raquel Garcia)	Event: Bridging The Gap-Calvary Time: 11:00-3:00pm Staff/Services: Wellness Van & Mobile Market
					Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW
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	Class: CDSMP#6 Time: 9:00-11:30am Location: TMCHH Services: HIV/AIDS patients only Staff: CHE RN(Raquel Garcia)			Class: DSMP#5 Time: 11:00-1:00pm Location: Bluford Library Staff/Services: CHE RN(Raquel Garcia)	Class: DEEP#4 Time: 11:00-1:00pm Location: Seton Center Partner: Primaris	
Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW
					Class: CDSMP#2 Time: 12:30-2:30pm Location: TMCHH Staff/Services: CHE RN (Raquel Garcia)	

July

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		Independence Day		Class: DSMP#6 Time: 11:00-1:00pm Location: Bluford Library Staff/Services: CHE RN(Raquel Garcia)	Class: DEEP#5 Time: 11:00-1:00pm Location: Seton Center Partner: Primaris	

Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Class: CDSMP#3 Time: 12:30-2:30pm Location: TMCHH Staff/Services: CHE RN (Raquel Garcia)	
					Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW
					Event: 1 st Friday Market Location & time: Mobile Market @ TMC Lakewood 9:00-1:00pm Location & time: Liberty Fruit co. @ TMCHH-8:00-2:00pm	
	Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partners: with UMKC	Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partners: with UMKC	Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partners: with UMKC	Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partners: with UMKC	Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partners: with UMKC	Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partners: with UMKC
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Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Class: DEEP#6 Time: 11:00-1:00pm Location: Seton Center Partner: Primaris	

				Event: Label Lingo & Smart shopping Time: 5:00-6:00pm Location: Bluford's Wellness Connection Staff: CHE RN(Raquel Garcia) Partner: MU Extension	Class: CDSMP#4 Time: 12:30-2:30pm Location: TMCHH Staff/Services: CHE RN (Raquel Garcia)	
					Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW
Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	Event: Junior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	
16	17	18	19	20	21	22
Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Class: CDSMP#5 Time: 12:30-2:30pm Location: TMCHH Staff/Services: CHE RN (Raquel Garcia)	Event: Senator Curls KC Public Health & Safety Fair Time: 8:00-2:00pm Location: Arrowhead Stadium Staff/Services: Mobile Market Bus, CHE & Team
					Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW

	Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC	Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC	Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC	Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC	Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC	Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC
23	24	25	26	27	28	29
Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Class: DEEP#1 Time: 11:00-1:00pm Location: Bluford Library Partner: Primaris	Class: CDSMP#6 Time: 12:30-2:30pm Location: TMCHH Staff/Services: CHE RN (Raquel Garcia)	
				Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW
Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC	Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC	Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC	Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC	Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC	Event: Advanced Summer Scholars Time: 9:00-4:00pm Location:TMC HH Partner: UMKC	
	Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMCHH Partner: UMKC	Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMCHH Partner: UMKC	Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMCHH Partner: UMKC	Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMCHH Partner: UMKC	Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMCHH Partner: UMKC	Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMCHH Partner: UMKC
30	31					

Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW					
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August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
		Event: Summer Youth Volunteers Location: TMC HH & LW	Event: Summer Youth Volunteers Location: TMC HH & LW	Class: DEEP#2 Time: 11:00-1:00pm Location: Bluford Library Partner: Primaris	Event: Summer Youth Volunteers Location: TMC HH & LW	Event: KCPSD Back 2 School Fair Time: 10:00- 2:00pm Location: 2901 Troost Staff/Services: CHE RN(Raquel Garcia) & Screenings
			Class: CDSMP #1 Time: 12:00-2:00pm Location: Plaza Library Staff: CHE RN(Raquel Garcia)	Class: DSMP#1 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)	Event: 1 st Friday Market-Back to School Location & time: Mobile Market @ TMC Lakewood 9:00- 1:00pm Location & time: Liberty Fruit co. @ TMCHH-8:00-2:00pm	
				Event: Summer Youth Volunteers Location: TMC HH& LW		

Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	Event: Senior Summer Scholars Time: 9:00-4:00pm Location: TMC HH Partner: UMKC	
				Event: Creative Cooking on a budget Time: 5:00-6:00pm Location: Bluford's Wellness Connection Staff: CHE RN(Raquel Garcia) Partner: MU Extension		
6	7	8	9	10	11	12
			Class: CDSMP #2 Time: 12:00-2:00pm Location: Plaza Library Staff: CHE RN(Raquel Garcia)	Class: DEEP#3 Time: 11:00-1:00pm Location: Bluford Library Partner: Primaris		
				Class: DSMP#2 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)		
13	14	15	16	17	18	19
			Class: CDSMP #3 Time: 12:00-2:00pm Location: Plaza Library Staff: CHE RN(Raquel Garcia)	Class: DEEP#4 Time: 11:00-1:00pm Location: Bluford Library Partner: Primaris		

				Class: DSMP#3 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)		
20	21	22	23	24	25	26
		Event: Weight loss challenge-Final Screenings-Glucose, Cholesterol, weight & BMI Location: Bluford's Wellness Connection Staff: CHE RN(Raquel Garcia), & UMKC Students	Class: CDSMP #4 Time: 12:00-2:00pm Location: Plaza Library Staff: CHE RN(Raquel Garcia)	Class: DEEP#5 Time: 11:00-1:00pm Location: Bluford Library Partner: Primaris		
				Class: DSMP#4 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)		
27	28	29	30	31		
		Event: Weight Loss challenge Celebration Location: Bluford's Wellness Connection Staff: CHE RN(Raquel Garcia)	Class: CDSMP #5 Time: 12:00-2:00pm Location: Plaza Library Staff: CHE RN(Raquel Garcia)	Class: DEEP#6 Time: 11:00-1:00pm Location: Bluford Library Partner: Primaris		
				Class: DSMP#5 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)		

				Event: Flu Clinic with Walgreens Location: Kansas City Neighborhood Academy's Wellness connection Staff: CHE RN (Raquel Garcia)	
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September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
					Event: 1st Friday Market-Tailgate Location & time: Mobile Market @ TMC Lakewood 9:00-1:00pm Location & time: Liberty Fruit co. @ TMCHH-8:00-2:00pm	
3	4	5	6	7	8	9
	Labor Day		Class: CDSMP #6 Time: 12:00-2:00pm Location: Plaza Library Staff: CHE RN(Raquel Garcia)	Class: CDSMP#1 Time: 11:00-1:00pm Location: Bluford Library Staff: CHE RN (Raquel Garcia)		
				Event: Flu Clinic with Walgreens Time: 5:30-7:30pm Location: Bluford's Wellness Connection Staff: CHE RN(Raquel Garcia)		

				Class: DSMP#6 Time: 5:30-7:45pm Location: Northeast Library Staff: CHE RN(Raquel Garcia)		
10	11	12	13	14	15	16
		Event: Don Bosco's Wellness Connection School Time: 9:00-1:00pm Staff: CHE RN(Raquel Garcia) Services: wide screenings(Glucose, Cholesterol, weight, BMI)		Class: CDSMP#2 Time: 11:00-1:00pm Location: Bluford Library Staff: CHE RN (Raquel Garcia)		
17	18	19	20	21	22	23
		Event: Don Bosco's Wellness Connection School Time: 6:00-9:00pm Services: wide screenings(Glucose, Cholesterol, weight, BMI) Staff: CHE RN (Raquel Garcia)		Class: CDSMP#3 Time: 11:00-1:00pm Location: Bluford Library Staff: CHE RN (Raquel Garcia)		
				Don Bosco's Wellness Connection 9:00-12:00pm Flu Clinic with Walgreens – Community Health Education RN		
24	25	26	27	28	29	30

				Class: CDSMP#4 Time: 11:00-1:00pm Location: Bluford Library Staff: CHE RN (Raquel Garcia)	
				Event: Flu Clinic with Walgreens Time: 6:00-9:00pm Location: Don Bosco's Wellness Connection Staff: CHE RN (Raquel Garcia)	

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
				Class: CDSMP#5 Time: 11:00-1:00pm Location: Bluford Library Staff: CHE RN (Raquel Garcia)	Event: 1st Friday Market-United Way Location & time: Mobile Market @ TMC Lakewood 9:00-1:00pm Location & time: Liberty Fruit co. @ TMCHH-8:00-2:00pm	
8	9	10	11	12	13	14
	Columbus Day			Class: CDSMP#6 Time: 11:00-1:00pm Location: Bluford Library Staff: CHE RN (Raquel Garcia)		
15	16	17	18	19	20	21
22	23	24	25	26	27	28

29	30	31				
		Halloween				

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 Event: Dr's Day Time: 7:00-2:00pm Services: Colon Cancer Education Staff: CHE RN (Raquel Garcia) Partner: Black HealthCare Coalition	7	8	9	10	11 Veterans Day
12	13	14	15	16	17	18
		Class: CDSMP#1 Time: 11:30-1:30pm Location: Ivanhoe Community Center Staff: CHE RN(Raquel Garcia)				
19	20	21	22	23	24	25
		Class: CDSMP#2 Time: 11:30-1:30pm Location: Ivanhoe Community Center Staff: CHE RN(Raquel Garcia)		Thanksgiving Day	Office Closed	
26	27	28	29	30		

		Class: CDSMP#3 Time: 11:30-1:30pm Location: Ivanhoe Community Center Staff: CHE RN(Raquel Garcia)				
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December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
		Class: CDSMP#4 Time: 11:30-1:30pm Location: Ivanhoe Community Center Staff: CHE RN(Raquel Garcia)				
10	11	12	13	14	15	16
		Class: CDSMP#5 Time: 11:30-1:30pm Location: Ivanhoe Community Center Staff: CHE RN(Raquel Garcia)				
17	18	19	20	21	22	23
		Class: CDSMP#6 Time: 11:30-1:30pm Location: Ivanhoe Community Center Staff: CHE RN(Raquel Garcia)				
24	25	26	27	28	29	30
	Christmas Day					
31						

Calendar is subject to change

For more information contact Eskedar Ashenafi-Operations Coordinator
(Office) 816-404-3320; (Email): Eskedar.ashenafi@tmcmcd.org